



JOURNAL

A QUARTELY NEWSLETTER OF THE NAMIBIAN POLICE FORCE

JUNE 2025

POLICE BASIC TRAINING CEREMONY 2025



NAMPOL JOURNAL

A quarterly magazine of the Namibian Police Force. Views and opinions expressed in this publication are not necessarily of the Namibian Police Force or the Ministry of Home Affairs, Immigration, Safety and Security.



VISION:

"Excellent policing
for a safe Namibia"



MISSION:

To deliver quality law
enforcement services
to the public.



VALUES:

- We believe in Fairness for all
- Informative and Transparent
- Courteous and Helpful
- Non-discriminatory
- Accessible

OUR FUNCTIONS:

1. Preservation of internal security of Namibia.
2. Investigation of any offence or alleged offence.
3. Maintenance of law and order.
4. Prevention of crime; and
5. Protection of life and property.



CONTENTS

- 3** EDITORIAL
- 4** Weekend crime prevention yields successful results in Khomas
- 5** Highlights from the Police Basic Training Graduation Ceremony 2025
- 9** MHAISS officials trained on Livestreaming
- 10** Nampol Officers Empowered With Financial Literacy at NIPAM
- 12** NamPol Bids Farewell to eight long-serving members in Zambezi Region
- 14** Namibia and Zambia launches joint-Trafficking in Persons Awareness Campaign
- 15** Know your civil servants
- 16** NIPAM ED advocates for senior civil servants to mentor new entrants
- 18** Policing and Social Media: A Modern Perspective
- 19** The SADC Chiefs of Police Sub-Committee/SARPCCO 30th Annual General Meeting
- 21** Mental Wellness: A Vital Call for NamPol Officers
- 22** Namibia benefit from Senior Command and Staff Course (PSSSC) in Kigali, Rwanda

EDITORIAL

EDITOR

Deputy Commissioner: P.K. Shikwambi

SUB-EDITOR

Inspector: I.T. Iduwa

CONTRIBUTERS

Chief-Inspector: P.S. Haikali

Chief-Inspector: E. Kuwinga

Senior-Inspector: H.N. Amutenya

Inspector: N. Hadibo

Inspector: C.M. Limbo

Warrant Officer²: M.T.P. Gabriel

Warrant Officer²: J. Sheefeni

Sergeant²: S.S. Hamukwaya (Intern)

PHOTOGRAPHY

Inspector: T.A. Hamunyela

Inspector: A. Shidjuu

DESIGN & LAYOUT

Inspector I.T. Iduwa

Published by :

Public Relations Division

Namibian Police Force

P/Bag 12024

Ausspannplatz

Tel: 061- 209 3894

Tel: 061-209 3470

Email: Pr@nampol.na

FROM THE EDITOR'S DESK



DEPUTY COMMISSIONER P. K. SHIKWAMBI
HEAD: PUBLIC RELATIONS DIVISION

NAMPOL PUBLIC RELATIONS DIVISION

Physical Address:
6th Floor
Police National Headquarters
Corner of Lazaret Street and
Jan Jonker Road

Contact numbers:
+264 61 209 3378
+264 61 209 3470
+264 61 209 3894

Email: Pr@nampol.na

Police Commit Against Drug Abuse and Illicit Trafficking

Namibia, Let us invest in Prevention, Let us invest in our People to secure the future. This is a clarion call by the Inspector General of the Namibian Police Force on 26 June when the world observed the International Day against Drug Abuse and Illicit Trafficking.

Drug abuse and illicit trafficking remains persistent threats to public health, safety, and socio-economic development facing societies around the world. Drug Abuse and Illicit Trafficking fuel violence, destroy families, compromise national development, and endanger the future of our youth. Our youth are being lured into the dark world of drugs, either as consumers or couriers, and once trapped, many find it difficult to escape the cycle of addiction and crime.

As a frontline institution in the fight against this scourge, the Namibian Police Force play a pivotal role in prevention, enforcement, and community education. Our responsibility should extend to working collaboratively with communities, schools, healthcare professionals, and other stakeholders to build awareness and resilience,

moreover disrupt the cycle of addiction, and steer young people away from drugs.

Much support is required in the strengthening of borders to prevent the inflow of illicit substances while cooperating with especially regional counterparts to combat transnational drug trafficking networks.

But for these efforts to succeed, public support is essential. Community policing officers must engage and convince the community members to speak out, report suspicious activity, and partner with law enforcement in drug education initiatives. Parents, teachers, religious leaders, and youth organizations have a duty to reinforce the message that drugs are a dead end.

The International Day Against Drug Abuse and Illicit Trafficking, reminds us to reaffirm our collective commitment, and enhance collaboration to working together to build a drug-free where every individual, especially the youth, is empowered to live up to their full potential

The Evidence is clear orange: INVEST IN PREVENTION, Break the cycle # StopOrganisedCrime



**Scan the QR code
to follow our
Instagram page**



WEEKEND CRIME PREVENTION OPERATIONS YIELDS SUCCESSFUL RESULTS IN KHOMAS

■ BY INSP. C.M. LIMBO

On 29th March 2025, the Inspector General of the Namibian Police Force, Lieutenant General Joseph Shimweelao Shikongo, alongside the Regional Commander of Khomas Region, Commissioner Steenkamp, led a crime prevention operation over the weekend, in Windhoek.

The operation was a joint-venture

between NamPol and City Police, drawing members from various directorates, divisions and stations. Patrols were conducted in different zones of Windhoek where a number of cases such as drunk and driving, possession of drugs such as mandrax tablets and marijuana were confiscated during search and seizure operations. Others seized

items includes dangerous objects such as knives. Mini-road blocks were also conducted whereby cases of driving of vehicles without drivers' licences were reported.

During the debriefing at Israel Patrick Iyambo Police College, on the outcome of the operation, the heads of directorates and divisions

gave their reports on what transpired in their zones where they deployed. The Regional Commander thanked and commended all the officers who participated in the operation and appreciated the fact that no injuries were reported amongst members, during the operation.



Highlights : POLICE BASIC TRAINING GRADUATION CEREMONY 2025

BY INSP. C.M. LIMBO



The Police Basic Training course 1 of 2024/2025 which started on the 1st of August 2024, spanning the period of nine (09) months, consisted of one thousand, seven hundred and seventy-nine (1,779) Cadet Constables from the three(03) different centres of Ruben Danger Ashipala, Simon Mutumba Mutumba and Pius Joseph Kaundu Police Training Centres. The Cadet Constables started with a weeklong preparation at Ruben Danger Ashipala Police Training Centre for their Graduation Ceremony preceded by street processions that took place in three (03) different towns in Oshana Region.

The first street procession was conducted on the early morning of Tuesday, 20 May 2025, whereby the Cadet Constables started marching the streets of Ondangwa Town, led by the Inspector General of the Namibian Police Force's in the ceremonial vehicle accompanied by the Police Band with their marvellous musical performances. On Thursday morning, 21 May 2025, the street procession continued from Ongwediva Town to Oshakati Independence Stadium.

Nampol Public Relations Division Team in collaboration with other colleagues from the Ministry of Home Affairs, Immigration, Safety and Security as well as staff members from the Ministry of Information and Communication Technology in Oshakati, Oshana Region, were hard at work covering the event, thereby bringing the graduation ceremony closer to the public through various social media platforms.

The graduation ceremony took place on Friday, 23 May 2025 at Oshakati Independence Stadium, Oshana Region and was officiated by Her Excellency Dr. Netumbo Nandi-Ndaitwah, President of the Republic of Namibia, and Commander-in-Chief of the Namibian Defence Force, joined by various Dignitaries, Government officials, Captains of Industries, Officers from the Security Cluster which involved Police Chiefs and representatives from the Republics of Angola, Botswana, South Africa and Zambia as well as from the Royal Kingdom of Eswatini.

The stadium was full to capacity, given the large number of attendees consisting of parents, guardians and families, who came to witness

the event and give support to the graduates. The graduates were excited, looking smart in their colourful uniforms, demonstrating their capabilities and all the skills they learnt during the training. The performances were amazing, cheered and applauds given from the audience on the pavilions.

The Inspector General of the Namibian Police Force, Lieutenant General Joseph Shimweelao Shikongo, highlighted the important aspects that relates to the upholding of the organisation's values and principles in line with article 118 of the Constitution of the Republic of Namibia which defines powers, duties and procedures of the Police Force, and in relation to the five functions of the Namibian Police Force. They were reminded that police officers' action should be reflected in the manner and extent to which he or she respects and defend the supreme law of the country.

Her Excellency Dr. Netumbo Nandi-Ndaitwah, President of the Republic of Namibia, expressed her gratitude and appreciation to have witnessed Course 1 of 2024/2025 Graduation Ceremony of the police basic training. The President underscored that the intention of the government is to ensure safety for all citizens of Namibia, thereby reminding the Cadet Constables that their appointment and recruitment into the service of the Namibian Police Force should not be viewed as mere job creation but a calling for self-sacrifice to serve the nation whenever disasters and securities occurs, because they are the champions and agents of peacekeeping and defence between vulnerable, innocent members of society and the criminals.

In her concluding remarks, Her Excellency urged the graduates to uphold the reputation of the organisation by exhibiting high level of integrity, professionalism, loyalty and effective collaboration between the police and the community in order to earn trust and good reputation, as they will be accountable to the entire community they will be serving.

Remarkable simulated demonstrations by the graduates involved the protection of a VIP during an attack and or assassination attempt whereby the VIP is rescued and taken away by vehicles.





The second simulation involved the members of Special Reserve Force against a group of angry protestors whereby members were dispatched to restore peace and order and in the end arrested and dispersed the protestors. Another simulation was a group of Cadet Constables who demonstrated their self-defence skills, when they are arresting suspects or when they are under attack. The last simulation was given by the members of Border and Infrastructure Protection Directorate (BIP) whereby they displayed their skills on in-bus and de-bus which involved patrolling, tracking and conducting search at the borders. The patrol detachment found tracks of armed intruders who started firing at the officers and in turn were subsequently arrested.

Constable Haitembu, a male graduate from Simon Mutumba Mutumba Police Training Centre, said that the training was tough at the beginning but after four to five weeks he started understanding and adapting to policing. He had always dreamed of becoming a detective and he therefore feels that his passion has now been fulfilled. Sergeant Amutenya, a female instructor from Simon Mutumba Mutumba Police Training Centre, in Zambezi Region, expressed excitement and pride seeing her students graduating to become Constables after nine (09) months of intense training. The instructor stated that the training that the Cadet Constables endured, will have an impact on their personalities, the organisation and the community that they will be serving as they are now transformed from civilian to uniform personnel, as Police Officers. She encouraged that to be a Police Officer, one need to have passion and be proud, loyal and committed towards serving the community, and not just be salary collector.



Constable Van Wyk Natasha expressed gratitude and excitement as a graduate of the Namibian Police Force, she said that she was inspired to join the Namibian Police as a seal to the commitment towards the organisation for the past 11 years in the Force, before her conversion. She also stated that she would make a meaningful and significant contribution to the Police organisation by serving the community with empathy, thereby fulfilling the mandate of the Namibian Police Force. Moreover, she said that she learnt new skills and talents that she will be clinging upon and utilise in the long-term in her career. The graduate vowed that the training demands both mental and physical fitness in order for one to make it through. She concluded by advising that in order to undertake a career in the Force, one has to view it as fulfilling, and also one has to do it with passion and be physically, mentally and psychological fit.

One of the parents, Miss Helena Ipinge was so excited to have witnessed the graduation, seeing her nephew graduating and become part of the Police Force. She concluded by advising fellow aunties and parents who are reluctant to policing. She urged them to start supporting their nieces, nephews and children by getting involved in their children's journey to success. "They should support their relatives because there is nothing pleasing than a great opportunity filled with achievement".

The Police Basic Training, Intake 1 of 2025/2026 commences in August 2025.





Police Basic Training Graduation Ceremony 2025 in pictures





MHAISS OFFICIALS TRAINED ON LIVESTREAMING

BY INSP. I.T. IDUWA



Twenty staff members from various departments of the Ministry of Home Affairs Immigration Safety and Security underwent a training session on the Open Broadcasting Software (OBS) and Blackmagic Design ATEM streaming bridge device from 7-11 April 2025 in Windhoek. The training covered both theory and practical aspects of the streaming software of which theory classes was conducted at the Namibian Police Forensic Science Institute (NPFSI) and practical was done at the Government Information Centre (GIC) studio. The participants comprised of public relations officers from NAMPOL, Namibia Correctional Service (NCS) and staffs from the ministerial head office. Experts from the Ministry of Information and Communication Technology (MICT) were the trainers.

The ATEM Streaming Bridge is a video converter that lets you receive a H.264 stream from any ATEM Mini model and convert it back to SDI and HDMI video allowing for the transfer of video to remote locations around a local Ethernet network, or via the internet globally. On the other hand, OBS Studio is a free, cross-platform (Mac and Windows) program that empowers users to create and broadcast video content. Its flexible design allows for combining various audio and video sources into a single, polished output, suitable for both recording and live streaming. One can easily save recordings directly to computer or simultaneously stream to platforms like YouTube, Facebook Live, Twitch, and more, or even to custom servers using Real-Time Messaging Protocol (RTMP).

This training will enable the ministry to livestream all its events, ensuring a wider reach for both national and international audiences. It provides citizens, stakeholders and interested parties with real-time access to important updates, events and discussions, no matter where they are



taking place. Additionally, livestreaming offers the opportunity for immediate interaction with the public, allowing viewers to ask questions or share

feedback during the live events. This promotes greater engagement and helps to strengthen the relationship between the ministry and the public



NAMPOL OFFICIALS EMPOWERED WITH FINANCIAL LITERACY AT NIPAM

■ BY SGT. S.S. HAMUKWAYA

The atmosphere at the Namibia Institute of Public Administration and Management (NIPAM) was one of pride and accomplishment as senior officers from the Namibian Police Force officially conclude the Finance for Non-Financial Managers Training Course.

The event marked the culmination of an intensive three-day training program designed to equip senior police officials with essential financial knowledge and tools to enhance financial governance within their respective units. The training, which commenced on 06 May 2025, brought together Heads of Directorates, Regional Commanders and Heads of Divisions.

Delivering the official opening and closing remarks on behalf of the Inspector-General was Commissioner Theophilus Lilungwe Mayumbelo, Head of Legal Services Directorate, applauded the initiative as a strategic investment in strengthening the institutional capacity of NamPol. He extended his heartfelt appreciation to Dr. Haroldt Murangi, Executive Director of NIPAM, for the unwavering partnership between NIPAM and the Namibian Police Force, which he said exemplified a mutual commitment to the professional development of public servants.

Special praises was also made of Mr. Joubert Tawana, the course facilitator and Senior Lecturer at NIPAM, for his tireless efforts in ensuring the course's success. Commissioner Mayumbelo also praised the course participants for their dedication and enthusiasm, despite the breadth of content covered in a limited time

frame. The course aimed to demystify financial concepts for non-financial managers, enabling participants to understand basic accounting terms, analyze financial statements, compile budgets, and cost projects. Modules included an introduction to finance, financial literacy, statement interpretation, and budget control.

"It is evident that this workshop covered various concepts in a short period of time, which required your undivided attention, however, I am delighted to note that you did not allow that to discourage you from acquiring new skills and achieving the desired results" he said.

Commissioner Mayumbelo urged participants to not only apply their newly gained knowledge but to share it with colleagues to uplift the collective capacity of the police force.

He further emphasized the importance of continuous learning within the ranks of the Namibian Police Force, especially amid the evolving challenges and advancements in technology that impact operational effectiveness.

"As members of the Force, we should never stop learning, always be driven by curiosity, embrace change, and adapt to the ever-evolving dynamics."

With a call to action to implement the lessons with passion and creativity, Commissioner Mayumbelo officially declared the course closed, congratulating participants and wishing them a safe return to their respective duty stations.





on all our social media pages for news, safety tips, updates on police related matters and much more!





NAMPOL BIDS FAREWELL TO EIGHT LONG-SERVING MEMBERS IN ZAMBEZI REGION

BY INSP. K. SITALI

The Namibian Police Force in Zambezi Region gather not only to say farewell but to honour the legacy, sacrifice and the dedicated service of the fellow officers who were retiring from active duty. The Region hosted a farewell function in honor of its eight (8) members who went on retirement in April 2025.

The event took place at Simon Mutumba Mutumba Police Training Centre on 02 May 2025 and attended by family members of the retiree's, members of police regional management, members of the security cluster, law-enforcement stakeholders, colleagues, His worship the Mayor of Katima Mulilo town Hon. John Ntemwa and counterparts from Western Province in Zambia led by the Provincial Commissioner Mukuka. The retiring members; **Deputy Commissioner Simbwae**, Regional Crime Investigation Coordinator); **Chief Inspector Limota**, Traffic coordinator; **Inspector Limbo**, Border & Infrastructure Protection; **Inspector Mushabati**, Border & Infrastructure Protection; **Warrant Officer' Sikwana**, Border & Infrastructure Protection; **Warrant Officer' Ndilimo**, Border & Infrastructure Protection); **Warrant Officer' Chunga**, Menias Brian Libuto Police Station) and **Sergeant' Sibungo**, Border & Infrastructure Protection).

The event was graced with a prayer by Warrant officer (1) Mabuta. Friends and colleagues shared memories and or testimonies they experienced with the retiree's and further express words of encouragements. The Provincial Commissioner Mukuka motivated the retiree's to remain active and focused on ideas to improve their financial status and warned them to refrain from taking shortcuts in life, while married couples were advised to remain with their spouses. The Regional Commander of Zambezi Region Commissioner Andreas Shilelo reflected on their journey in the force and share his personal experience and encounter with each and every retiree. Commissioner Shilelo urged active serving members especially the youth to emulate perseverance, determination, integrity, loyalty, honest portrait by members during their service.

Retirement does not mean leaving others behind, however simply means changing of roles; entering a new phase of life filled with more rest, reflection and new adventures. The event was concluded with gifts to retiree's from colleagues and family members.

Insp Kisco Sitali is the head of Community Policing Sub-Division in Zambezi Region





POLICE VISIBILITY

Police officers on foot patrol in the main street of Hakhaseb location in Usakos town.



NAMIBIA AND ZAMBIA LAUNCHES JOINT-TRAFFICKING IN PERSONS AWARENESS CAMPAIGN

BY INSP. K. SITALI

The Namibian Police Force and its counterpart, the Zambian Police Service together with other members of the security cluster in both two countries collaborated and embarked jointly on an Anti-Trafficking in Persons operation. This came after the Namibia-Zambia Joint Permanent Commission on Defence and Security (JPCDS) directed that the two agencies in both countries work jointly in areas of capacity building training to first responders of human trafficking and public awareness on Human Trafficking targeting communities living along the borders.

Consequently, the law-enforcement in both countries trained officials mainly from Investigations, Immigration, Border guard and social workers on 21 May 2025 at Sesheke/ Zambia were fifteen (15) Namibians and fifteen (15) Zambians were trained on identification and treatment of victims of human trafficking to ensure differentiated approach to potential victims of human trafficking.

This was followed by a joint awareness campaign on 22 May 2025 in both neighboring border towns of Zambia and Namibia. Leading the campaign was Commissioner! Naruseb (Head: Criminal investigations directorate. Namibia) and his counterpart Director Magai (Zambia Anti-Human Trafficking Authority).

The awareness kicked off with a street procession in Katima Mulilo to Zambia side up to a local open market where the public were addressed and the public were allowed to ask questions regarding human trafficking. The procession proceeded on the Namibian side from Katima Mulilo sports complex via Dr. Hage Geingob Drive to Shoprite and proceeded to Kamunu Supermarket. The procession proceeded to Cowboy compound open market via Dr. Sam Nujoma Drive and Trans-Zambezi Highway. Community meetings were held at the open market where after presentations, the audience were allowed to ask questions regarding Human Trafficking.



Globally, reports have shown an increase in Human Trafficking and Namibia is no exception. Even though Namibia does not have a high rate of trafficking in Persons cases; trafficking in person remains a very serious concern; just like we are battling with other cases such as GBV and Rape. These are crimes that affects victims in many forms be it physical, emotional and psychologically.

Trafficking in Persons is generally difficult to detect because of the psychological effects it has on the victims. It is a crime whereby the victims are deceived or forced into exploitative and even life-threatening situations and therefore Namibia must stand together to save and protect the society from this happenings.

The Namibian Police Force must continue with its usual determination and commitment, to disrupt and frustrate the intent and capabilities of criminal syndicates as well as individual perpetrators who are continuously exploiting and growing their illicit enterprise for criminal gain.

Insp Kisco Sitali is the head of Community Policing Sub-Division in Zambezi Region





KNOW YOUR CIVIL SERVANT



UNIFORM OF PRIDE AND PASSION

Warrant Officer² **Henrietha Blockstein**, stationed at Schlip Police Station in Namibia's Hardap Region, has been a committed member of the Namibian Police Force since December 2010. Formerly employed in retail, she now serves as Head of Administration, responsible for awareness programmes, financial records, and reporting to regional headquarters.

Reflecting on her journey, she views the police force as a path that enhanced her understanding of the justice system. Reflecting on her career, she recalls being a new officer during a significant field fire in the Gibeon area.

"Together with officers and the Mariental fire brigade, we battled flames that had already claimed livestock and endangered nearby homes. Lacking sufficient water, we used blankets and improvised extinguishing methods, yet we succeeded in controlling the fire.

Though I was scared, I felt an enormous sense of pride. We saved lives," reflected Blockstein. Another profound experience was when a man attempted suicide and was brought to the station by his father. "I spent three to four hours conversing with him, reminding him of the value of life. Today, he greets me with a hug and a smile, full of vitality. That's a success I will cherish forever," shared the policewoman.

Among her proudest achievements, she lists receiving her 10-year service medal from the late President Hage Geingob and reaching the rank of Warrant Officer Class 2 at the age of 35.

Looking ahead

Blockstein does not envision retirement from the police force. This profile is part of the "Know Your Civil Servant" series published weekly every Friday in New Era Newspaper.

For the full story, follow this link: <https://neweralive.na/know-your-civil-servant-uniform-of-pride-and-passion>



DEDICATION EPITOMISED

Sergeant¹ **George Shilongo Shikwanyu** is a shining example of dedication, integrity and community-driven leadership. As the second-in-command administrative officer at the Maltahöhe police station, he views his role not just as a job, but also as a calling to protect and support the community he serves.

"I am a Sergeant First Class," Shikwanyu said with pride. "At the Maltahöhe police station, I oversee the charge office, which is the heart of our first response operations, and manage the day-to-day administration, including the supervision of holding cells. Ensuring that everything runs smoothly is not just my duty; it's my responsibility to the people we serve," he said.

Before wearing the uniform, he was active in local neighbourhood watch programmes, driven by a deep desire to make his community safer.

Service amid scarcity

Shikwanyu's commitment to public safety began before his formal policing career, through active involvement in neighbourhood watch initiatives. Despite operational challenges such as limited resources and staff shortages, he remains steadfast, driven by the gratitude of those he serves.

Vision

Like any positive dreamer, Shikwanyu said not even the sky is the limit, for it is greater beyond the sky than it is within its limit. He is not content to rest on his laurels, as he envisions a future where he leads the police force as a general, shaping policies that make policing more responsive and effective.

For the full story: <https://neweralive.na/know-your-civil-servant-sergeant-george-shikwanyu-dedication-epitomised>



NIPAM ED ADVOCATES FOR SENIOR CIVIL SERVANTS TO MENTOR NEW ENTRANTS

BY WO² J. SHEEFENI

The Executive Director of the Namibia Institute of Public Administration and Management (NIPAM), Dr Heroldt Murangi, has called for the inclusion of senior civil servants in government training programmes to enable them to mentor and transfer knowledge to newcomers in the public service.

Dr Murangi made these remarks during the closing ceremony of a week-long Leadership and Change Management workshop held for Chief Inspectors from various directorates within the Namibian Police Force.

The workshop, hosted at NIPAM from 02 to 06 June 2025, was aimed at equipping the participants with the skills and strategies necessary for effective team leadership,

informed decision-making, and fostering a positive organisational culture.

In his address, Dr Murangi noted that public institutions often rely on external experts, particularly from tertiary institutions, to conduct training sessions. While acknowledging the value of academic input, he emphasized the importance of drawing on the practical experience and success of seasoned civil servants.

"We should use senior civil servants to train new entrants because we have so many people joining the public sector," he said. "Instead of us just focusing on UNAM, NUST AND IUM, or people with PHD's and Masters Degrees, I think it is important for us to start using

successful civil servants. I think through that we would be able to see change in our country," he said as he delivered the vote of thanks.

Dr Murangi further highlighted the importance of evaluating the impact of capacity-building initiatives. In this regard he called for assessments to determine whether the workshops conducted since last year have yielded tangible outcomes within the civil service and the police force in particular.

Representing the Inspector General of the Namibian Police Force, Lieutenant General Joseph Shimweelao Shikongo, the Commandant of the Patrick Iyambo Police College, Deputy Commissioner Gerard Wimmerth, delivered the keynote address. In

his remarks, General Shikongo urged participants to share the knowledge acquired to their colleagues.

"Your newly gained knowledge should not end with you but you should ensure that it is shared with your colleagues and subordinate staff and for the benefit of the Namibian Police at large," the Inspector General noted. The workshop was facilitated by Dr.

Donald Hlahla, a senior consultant at NIPAM, and attended by 30 Chief Inspectors. The training formed part of the ongoing collaboration between NIPAM and the Namibian Police Force to strengthen leadership capacity within the force.



COMMISSIONER IIFO TAKE HELM AT OSHIKOTO REGION

A hand-over ceremony took place at Oshikoto Police Regional Headquarters boardroom on 24 May 2025, as the new Regional Commander, Commissioner Ndafuda Iifo received the instruments of power from her successor, Commissioner Kalompo-Nashikaku. The ceremony was officiated by Major General Anne-Marie Nainda.



On 14 May 2025 Oshikoto Regional teams received a donations from Mr Boysan Masikilo from Red Dice Betting. The donations included sport's gear such as soccer, netball and volleyball. This gear will be utilised by the Oshikoto NamPol Sport teams during the 28th Police Annual Championship games which will be held in Otjiwarongo, Otjozondjupa Region.





POLICING AND SOCIAL MEDIA: A MODERN PERSPECTIVE

BY S/INSP. J.N. ABED



In today's digital era, social media platforms have become powerful tools for communication and self-expression, even among law enforcement officers. A growing trend has emerged where police officers, while in uniform, upload videos ranging from motivational content and dance challenges to comedic skits and personal reflections. While there is nothing inherently wrong with officers using these platforms to engage positively with the public, the nature and tone of the content must be carefully considered. Videos that portray the uniform in a professional, respectful, and community-oriented light can strengthen public trust and humanize the police force. However, content that is controversial, unprofessional, or perceived as inappropriate may inadvertently damage the image of the Namibian Police Force and undermine its authority. This article explores the balance between personal freedom and professional responsibility, urging officers to be mindful digital ambassadors of the badge they wear.

There is an urgent need for regulation to be amended to specifically address the sustainable use of social media by police officers in uniform.

Clear guidelines must be established to ensure that officers understand the boundaries of acceptable digital conduct while preserving the integrity and professionalism of the Namibian Police Force. Updated regulations will not only clarify expectations but also provide a robust framework for enforcing discipline in the digital sphere.

The sustainable solution lies in education, policy reform, and consistent application of internal processes. The Training and Development Directorate should prioritize social media literacy as part of the induction program for new recruits. Without this foundational knowledge, the newer generation of officers may follow the problematic examples of seasoned members, perpetuating a "pandemic" of inappropriate content in uniform. Equally, all officers, regardless of rank, should be made aware of the risks of sharing content that could compromise investigations, reveal sensitive information, or damage the reputation of the Force.

While every individual has the right to personal fundamental freedom, as enshrined in Article 21, members of NamPol must understand that they carry institutional weight that cannot be separated from their personal actions, especially when these actions intersect with matters of national interest. Therefore, while the exercise of their constitutional rights is not in question, the judgment exercised in their conduct on digital platforms is. Officers must always be mindful of the broader implications of their actions on social media, whether in uniform or not, particularly when those actions have the potential to undermine the good image of the organization.

Police officers must confront the serious implications of their dual identity as private individuals and public servants.

Ultimately, the credibility and respect of the Namibian Police Force rest not just on the lawful conduct of its members, but on their ability to maintain professionalism in all spheres of life, including the digital one. While regulations may need updating to reflect the realities of the digital era, responsibility must begin with each officer understanding the weight their actions carry, both offline and online. Social media can be a force for good when used thoughtfully and responsibly by police officers. It is not the wearing of the uniform in videos that poses the issue, but rather how the uniform is presented. Maintaining a positive and professional image online is not just a matter of personal branding; it is an extension of the trust placed in officers by the public. As guardians of law and order, police officers must uphold their integrity both on duty and online, recognizing that in the digital age, every post, video, or comment contributes to shaping the perception of the Namibian Police Force.

Disclaimer: the views and opinions expressed in this article are solely those of the author and do not necessarily reflect the official policy or position of the author's employer or any affiliated institution.

Senior Insp J.N. Abed is Legal Officer at Legal Services Directorate attached to Khomas Legal Support Services Sub-Division





30TH ANNUAL GENERAL MEETING OF THE SADC CHIEFS OF POLICE SUB-COMMITTEE/SARPCCO

The Annual General Meeting of the Southern African Development Community (SADC) Chiefs of Police Sub-Committee and the Southern African Regional Police Chiefs Cooperation Organisation (SARPCCO) was held in Dar es Salaam, United Republic of Tanzania, from 02-06 June 2025.

The meeting was graced by the presence of Lt. Gen. Joseph S. Shikongo, the Inspector General of the Namibian Police Force (IGP), accompanied by senior officers. In total, 12 SADC/SARPCCO member states participated, along with distinguished representatives from INTERPOL Headquarters, the African Union, including the representative of the Acting Executive Director of AFRIPOL.

The meeting was chaired by Mr. Camillus Wambura, Inspector General of the Tanzania Police Force and outgoing SARPCCO Chairperson. The meeting underscored the commitment of SADC/SARPCCO Chiefs of Police to enhance cooperation and collaboration in the fight against Transnational Organized crime in the region. The discussions specifically focus on targeted criminal activities such

as drug and firearms trafficking, motor vehicle theft, human trafficking, migrant smuggling, stock theft, money laundering, and cybercrime. Further emphasizing regional collaboration in security matters.

Prior to the Chiefs of Police Meeting, a Technical Organs meeting was convened from 02-04 June 2025 and this session provided a critical platform for extensive panel discussions on transnational organized crime, which included:

- **Motor Vehicle Theft:** Addressing cross-border criminal syndicates involved in vehicle smuggling.
- **Stock Theft:** Measures to combat livestock theft.
- **Cybercrime:** The growing threat of cyber-enabled crimes and strategies for enhancing cyber security.
- **Crime Analysis Units:** Their pivotal role in investigations and law enforcement operations.

Among the significant topics discussed were the upcoming INTERPOL Executive Committee vacancies to which the SADC member states collectively agreed to

support a unified candidate to represent the region in the international security body, demonstrating a spirit of regional cooperation.

The Technical Organs meeting submitted 26 draft decisions for consideration and following thorough deliberations, the Chiefs of Police approved and endorsed the decisions for mandatory implementation by SADC member states. The approved decisions aim to reinforce regional security, enhance cross-border cooperation, and improve crime prevention strategies. Member states are expected to implement these Decisions effectively, ensuring tangible outcomes in the fight against transnational organized crime.

This meeting underscored the commitment of SADC/ SARPCCO Chiefs of Police to enhance cooperation and collaboration in the fight against Transnational Organized crime in the region.

The IGP of Tanzania Police Force and SARPCCO Chairperson handed over the chair to the incoming Chairperson being the IGP of Malawi Police Service.



NAMPOL CAFETERIA

"GOOD FOOD,GOOD MOOD"



VISSION:
To become the premier dining destination known for our innovative cuisine, exceptional service & sustainability.

MISSION:
We are committed to provide excellent service of high-quality food & great taste.



NAMPOL CAFETERIA

—SERVING UP DELICIOUSNESS—



NAMPOL CAFETERIA

**SUPER
DELICIOUS
FOOD**

Traditional food on Wednesdays

**WE ALSO DO
EVENT CATERING &
EVENT HOSTING**

 **CONTACT US NOW**

Tel: +264 81 233 0585 / +264 81 386 7200

Email: Cafeteria@nampol.na

Police National Headquarters, Ground Floor, Ausspannplatz, Windhoek




**MEAL OF THE
DAY FROM
N\$55**



MENTAL HEALTH

Mental Wellness : A VITAL CALL FOR NAMPOL OFFICERS

■ BY S/INSP. J.N. ABED

Mental health is an essential, yet often overlooked, aspect of police officers' lives. These professionals face immense occupational stress daily. The month of June, is recognized globally as Men's Mental Health Month, presents an opportune moment to highlight the psychological struggles experienced by police officers, struggles that are often worsened by socio-economic challenges. The Namibia Police Force (NamPol), along with other security institutions like the City Police, has both the opportunity and obligation to establish comprehensive mental health programs tailored to the unique demands of policing.

Police officers are society's frontline defense against crime and disorder. Their work frequently exposes them to traumatic events, from violent crimes and fatal accidents to social unrest. These repeated exposures can result in psychological conditions such as post-traumatic stress disorder (PTSD), anxiety, depression, and burnout. On top of these job-related stressors, many officers also deal with financial instability, rising living costs, and family responsibilities. Unfortunately, the persistent stigma surrounding mental health in law enforcement prevents many officers from seeking help, forcing them

to suffer in silence. The consequences of poor mental health among officers are far-reaching. A mentally drained officer may struggle to make sound decisions under pressure, potentially putting their own life, their colleagues, and the public at risk. Untreated psychological conditions also contribute to increased absenteeism, low morale, and interpersonal conflict within the force. NamPol must recognize that prioritizing the mental wellbeing of its personnel is integral to institutional effectiveness. A mentally resilient police force is better equipped to handle the complex realities of modern law enforcement.

To address this, comprehensive mental wellness programs must be implemented. These should begin with awareness and education initiatives that help officers understand mental health and recognize early warning signs in themselves and their colleagues. Workshops and training sessions can help dismantle stigma and promote open discussions around psychological wellbeing. Accessible counseling services, offering support from qualified psychologists, therapists, and counselors, can provide safe, confidential spaces for officers to seek help. Peer support networks can further strengthen mental

wellness by fostering mutual trust and shared experience. Additionally, stress management techniques such as mindfulness, relaxation exercises, and physical fitness should be incorporated into routine police training. NamPol could integrate these practices into monthly training sessions to help officers manage stress effectively. Specialized crisis intervention teams should also be established to respond to acute psychological emergencies, providing referrals to external professionals when needed. Family support services, including counseling and educational workshops, can further enhance emotional resilience by promoting supportive home environments. NamPol has taken commendable steps toward morale-building through events such as the NamPol Annual Sports Championship and Police Fun Days. However, not every member participates in or benefits from these activities. Therefore, inclusive mental wellness initiatives that cater to all members, regardless of their interests, must be prioritized.

These initiatives must address prevention, early intervention, and recovery while being adaptable to the unique needs of officers. Collaboration with



mental health experts and academic institutions can ensure these programs are both effective and sustainable. Leadership plays a critical role in driving mental health reform. Senior officials must lead by example, championing wellness policies and openly sharing their mental health journeys to combat stigma. Institutional culture must shift toward empathy and support.

NamPol should also engage with mental health professionals, NGOs, hospitals, and universities to leverage knowledge and resources, ensuring programs remain current and effective. The urgency of addressing mental health is underscored by public concerns about police misconduct.

As Adam Smith aptly wrote in *The Wealth of Nations*, "The preservation of health is a duty. Few seem conscious that there is such a thing as physical morality." The pursuit of health must precede that of wealth, for a sound mind and

body are foundational to achieving personal and professional success.

Mental health is not just a private issue, it is a public concern. A mentally fit officer is better equipped to serve and protect. By prioritizing mental wellness, NamPol and the City Police can strengthen public trust and build a more resilient, accountable police force. In honoring June's focus on men's mental health, we must advocate for the wellbeing of those who dedicate their lives to protecting ours.

A Call to Action

NamPol must urgently prioritize the psychological health of its officers. Doing so is essential not only for institutional performance but also for public safety and trust. Comprehensive wellness programs, supported by an empathetic leadership culture, can help prevent misconduct, reduce burnout, and create a force prepared for

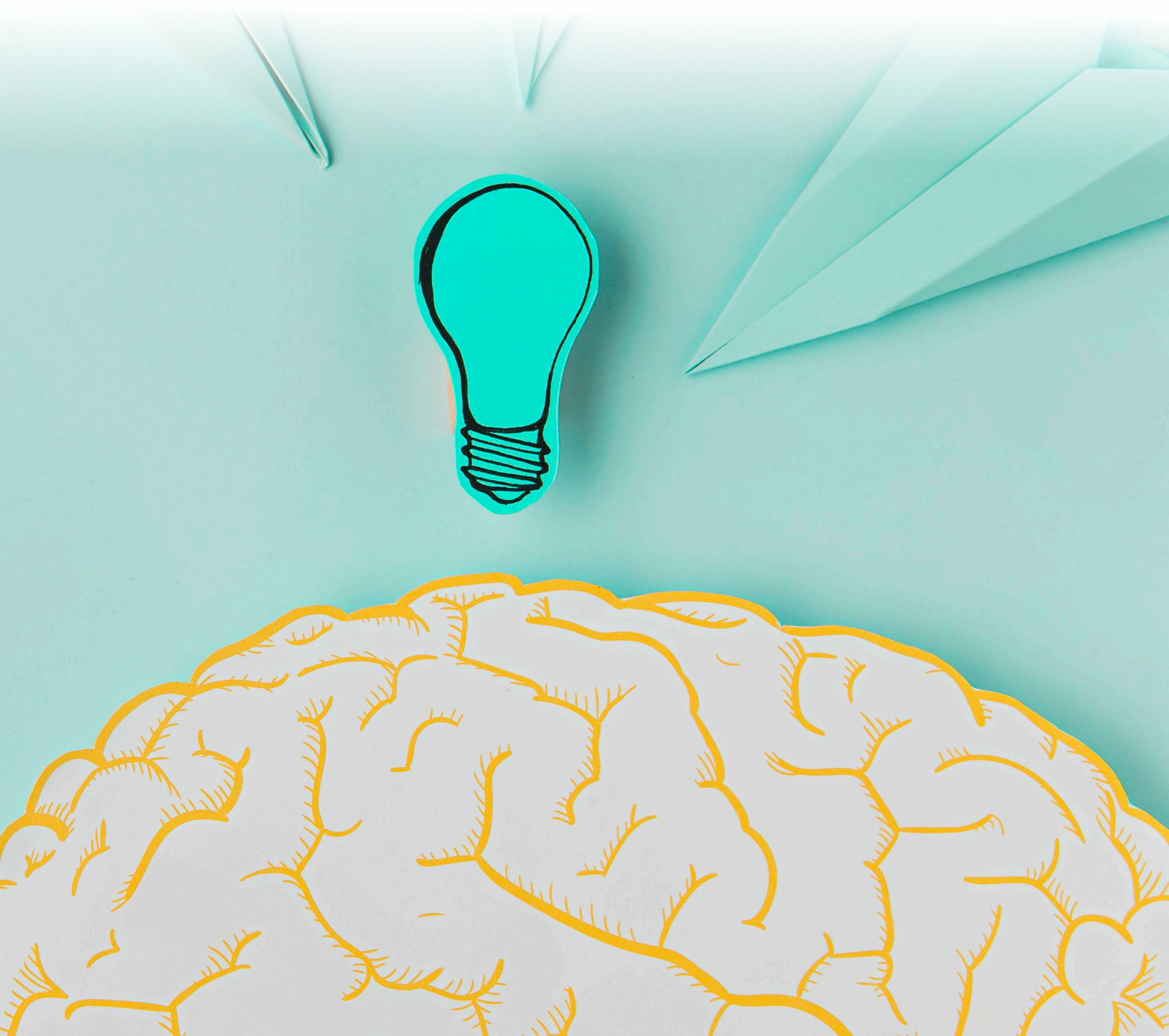
the multifaceted demands of policing in Namibia.

Globally, law enforcement agencies are adopting mental wellness programs to tackle occupational stress and prevent misconduct.

Namibia can draw from global best practices while adapting them to its unique context. Now more than ever, NamPol must rise to this challenge-by safeguarding the minds behind the badges.

Disclaimer: *the views and opinions expressed in this article are solely those of the author and do not necessarily reflect the official policy or position of the author's employer or any affiliated institution.*

Senior Insp J.N Abed is Legal Officer at Legal Services Directorate attached to Khomas Legal Support Services Sub-Division





NAMIBIA BENEFIT FROM SENIOR COMMAND AND STAFF COURSE IN KIGALI, RWANDA



The Police Senior Command and Staff Course (PSCSC), is a key career development course driven by the National Police College (NPC) in Kigali, Rwanda; designed to correspond to various levels of command in organized police forces. The Course is regarded as the highest course in hierarchy, designed for Senior Officers and or Commanders at the strategic level. The National Police College (NPC) is a training school entrusted with the mission of delivering high quality, innovative and professional training to Police officers of Rwanda and beyond.

The Course (PSCSC) is a collective professional and academic components, qualifying candidates for the award of a Master's degree in Peace Studies and Conflict Transformation from the University of Rwanda and a Chartered Management Institute (CMI) "Level Seven Certificate" in Strategic Management and Leadership (QCF), issued along with a Police Strategic Command Certificate by the College of Policing, UK. This course offers the participants an opportunity to improve on their knowledge and skills at strategic command level in line with the fight against emerging crimes as an effect of technological development and globalization and likewise an occasion to share experiences and good practices to have common understanding on handling conflict issues. The strategic leadership

and management course excise three modules which contain main topics such as executive leadership skills, business strategic command and partnership, and strategic professional policing skills.

On 20 June 2025, two senior officers from the Namibian Police Force, namely Commissioner Fabianus Uupindi, Head of Information, Communication and Technology Directorate and Deputy Commissioner Elizabeth Kambenge from Human Capital Management Directorate graduated from the 13th Intake of the Senior Command and Staff Course (PSSSC) in Kigali, Rwanda. The officers spent a year undergoing police senior command, strategic leadership and academic courses, having commenced on 21 July 2024, with 31 other participants from African countries such as Botswana, Central African Republic, Kenya, the Kingdom of Lesotho, Malawi, Rwanda, Somalia and South Sudan.

The two (2) Namibian Police graduates, adds to the total of eighteen (18) Namibian officers who since the year 2013 benefitted from this exchange programme offered by the Rwanda National Police; designed to transform and prepare Senior Officers to take up high responsibilities and or Command at strategic level.

At the completion of the Course the officers were successful and



conferred with a Post Staff College (PSC) symbol by the Government of Rwanda, the Master of Art - Degree in Peace Studies and Conflict Transformation from the University of Rwanda and the Postgraduate Diploma from the African Leadership University (ALU). The conferment of the "PSC" Title was done by the Guest of Honour, Dr. Vincent Biruta Minister of Interior.

The officers, through this Course were offered an opportunity to improve on their knowledge and skills at strategic command level in line with the fight against emerging crimes as an effect of technological development and globalization.

The Namibian Police Force is proud to have made use of the opportunity for Officers and anticipate to

benefit from the lessons learnt, as the officers resume duties. "The course deepened my understanding of the complex leadership challenges faced by law enforcement agencies, and more importantly, emphasized the value of crafting home-grown, context-specific solutions. I learned to approach issues analytically, considering diverse perspectives before arriving at sustainable decisions. This ability to reflect critically and respond proactively is one of the most important takeaways from the course," says Deputy Commissioner Kambenge.

The Commandant of the Rwanda NPC, CP. R. Mujiji congratulated the Course participants saying, "Lead well, serve boldly and never stop growing".



CONTRIBUTIONS |

Everyone has a story to tell What is yours?

Do you have an interesting story (NamPol related) that you would like to see in NamPol Journal? Is there a dedicated police official at your station, division, region or directorate who is making a positive difference that the NamPol family should know about? Perhaps you want to share about a positive project your station, division, region or directorate is involved? We want to hear from you!

HOW TO GO ABOUT IT

Email your contributions to NamPol Journal on: **Pr@nampol.na**



GUIDELINES |



The story/article should be:

- Newsworthy/educative and about policing or police related matters.
- Events/activities not longer than three months old (its a quarterly newsletter).
- Not more than 1 000 words long (in Times New Roman 12).
- The heading and the story MUST correlate and should have coherence.
- Exact quotes, opinions and all information that one did not witness must be attributed.
- If other people's work is used in compiling the story, it should be referenced.

The Editorial and the NamPol Journal teams wishes to recognise contributions from various Regions, Directorates and First Divisions for their well articulated and educative stories, poems, letters or articles which are appearing in this publication.

The Editorial team encourages members of the Force to continue contributing to the production of the Journal. Sent your contributions to Public Relations Division emails provided herein. We look forward to read your story, letter, opinion or poem in the next edition.

